

## On night duty

JUST before sunrise, when your vitality is at its lowest and you begin to feel the strain of the long night hours, a cup of hot Bovril puts new life into you.

### Invalid Bovril

Specially prepared for Invalids with milk proteid and without seasoning.

As easily made as a cup of tea, Bovril, besides being a stimulant, is a really sustaining food, and will prevent you being too tired when you go off duty to get the benefit of the morning meal.

# BOVRIL

S.H.B.



THE ORIGINAL

The Ideal All-Weather Food-Drink

Made in England

Horlick's Malted Milk is meat and drink in one, because it contains all necessary nutritive elements in the correct proportions demanded by Nature to support life and maintain health. Composed of the extracts of selected malted barley and wheat flour, combined with pure, Pasteurised cow's milk, it is perfectly digestible and rapidly assimilated, while Vitamines, those growth-promoting essentials, are supplied by both the milk and the grain.

Ready in a moment by stirring briskly in water.

To secure the original, specify "Horlick's" when prescribing.

Samples will be forwarded free and postage prepaid to Members of the Nursing Profession on application to

HORLICK'S MALTED MILK CO., SLOUGH, BUCKS., ENG.

## The ROYAL BRITISH NURSES' CLUB



THE MORNING ROOM

### COUPON.

Name.....

Address.....

Date .....

Recommended by

(This line need only be filled in when the nurse has been recommended to apply for particulars by a Member of the R.B.N.A.).

Nurses who desire to have full particulars of this beautiful Club should fill in the accompanying Coupon and forward it to:—

THE SECRETARY, 194, Queen's Gate, London, S.W.7

[previous page](#)

[next page](#)